



A huge “Thank You” to all our Volunteers!

Larne Foodbank want to say a huge “Thank You” to all our wonderful volunteers. The dedication and commitment that you show week after week is what keeps the Foodbank going.

Every week our volunteers meet to weigh in and date donations, pack the food parcel that provides a breathing space to those in our community who find themselves in crisis, and ensure that people coming to collect a parcel receive a friendly welcome,

We recently calculated that Larne Foodbank volunteers collectively donate an amazing 680 hours of their time every month to provide a welcome, signposting to further help and a listening ear, along with the much needed food parcel to see people through their crisis.

At minimum wage rate of £11.44 per hour this would cost us £7780 per month if paying for your time.

SO, THANK YOU VOLUNTEERS, FOR ALL THAT YOU DO.

Here to help by Ian Munro

Our volunteers are here for you highly trained in the things they do with care and compassion they will help you through

Children are of great concern keeping them safe and keeping them warm fit and healthy with wholesome food our only aim is for their good

It matters not from whence you came so don't be afraid or be ashamed adults and children we'll do our best no matter what we'll stand the test

With extended help from others outside we'll get you more help that others provide. with tea or coffee the paperwork's done a chat with our staff to guide you on if it's money concerns that's bothering you to those who can help we'll put you through

They won't judge, just like us. professional help without all the fuss whilst your parcel's made up for you to go we'll talk all this through in private so that when you depart we all feel the same that you leave feeling good and glad you came.

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Does it really work?

Why should I sign up?

Larne Foodbank can assure you that it makes a big difference to the funding we receive. So yes, if you make a donation to the foodbank then please, **sign up to gift aid if you can**: please read on!

We recently received a very useful payment of £3071 from Gift Aid which will be used to provide help to local people in food poverty.

This funding is entirely from kind donors like yourselves who have signed up to gift aid on making a donation. So if in doubt please make the difference and make your donation go quite a bit further. That said, of course, if you prefer not to we completely understand.

We really appreciate all your donations.

Foodbank shortages:

Can you help please!

We would appreciate donations of:

- LONG LIFE MILK (UHT)
- LONG LIFE FRUIT JUICES

Your kind donations helped us to feed 100 people in the month of February 25

This total included 32 children and 68 adults.

