



SEPTEMBER 2022

ENDING THE NEED FOR EMERGENCY FOOD in OUR COMMUNITY

As the cost of living continues to rise and communities work to recover from the effects of the pandemic, families across Northern Ireland, and specifically here in the Larne area, are struggling to stay afloat. Trussell Trust say that "nobody should have to turn to a charity because they can't afford the essentials", but more than that, "it doesn't address the underlying issues that force people to use a food bank to get by". So what is Larne foodbank doing to meet the needs in our community?

WE are Changing minds by:

meeting with local political representatives and making the case for the most vulnerable in our community.

WE are Changing Our Community by: -



Tuesday 20th September @ 10am Larne Town Hall, Upper Cross Street, BT40 1SS

This meeting is to discuss how we as agencies can come together to meet the needs of local people during this cost of living crisis.

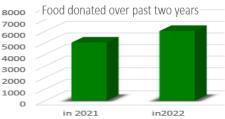
We are Changing Policy by:-

asking our volunteers to sign an open letter to the new Prime Minister by going to <u>https://action.trusselltrust.org/sign-letter-</u> <u>new-prime-minister</u> asking the New Prime Minister to take urgent action by ensuring everyone has enough income, from work and social security, to buy the essentials.



Preparing for Christmas

Over the past number of years, you have helped to provide Christmas Hampers to those in our community who are struggling to make ends meet. Because of your gifts 328 adults and 232 children were blessed with a hamper last year. We are asking for your help again to provide food and toiletries over the festive period. In order to have the items needed we will be asking for particular items over the next couple of months ready to be packed and delivered in early December. Each week we plan to request 2 or 3 items that we need, so look out for our weekly requests on Facebook or on our website www.larne.foodbank.org.uk Thank you to all who have already been in touch to find out what we need



THANK YOU for your support!

As you can see from the graph above the amount of food you donated this year has increased from last year and we are so grateful to you. You have given us exactly what we need and have enabled us to provide emergency packs of food to those in need. THANK YOU.



BanktheFood

For the most up to date information on shortages and collection points simply download the Bank the Food App to your phone https://www.bankthefood.org/downloadapp/

Keep Warm Packs

Larne foodbank would like to thank Mid and East Antrim Borough Council for supplying "Keep Warm Packs" for people with health issues and no heating in their homes. These packs make a huge difference to people's lives. Thank you.

