

NOVEMBER 2021



Last year you helped provide Christmas Hampers to local people and they were so appreciated. The hampers contained basic food items, some toiletries and the Christmas items we all take for granted. We were able to tailor the contents of each hamper to the numbers in each family referred to us. We are doing the Hampers again this year.

The following is a complete list of the items we need for the Christmas Hampers for Christmas 2021:



- |                       |                           |
|-----------------------|---------------------------|
| <b>Pringles</b>       | <b>Christmas pudding</b>  |
| <b>Shloer</b>         | <b>Tub of chocolates</b>  |
| <b>Juice</b>          | <b>Tin /box biscuits</b>  |
| <b>Tinned Custard</b> | <b>Tinned tomatoes</b>    |
| <b>Instant Mash</b>   | <b>Jelly / trifle mix</b> |
| <b>Tinned Fruit</b>   | <b>Selection boxes</b>    |
| <b>Shower gel</b>     | <b>Toothpaste</b>         |
| <b>Soap</b>           | <b>Shampoo</b>            |

So when you are getting your shopping please consider selecting a couple of the items on the list to pop into a collection trolley or to drop off at Larne Foodbank any Monday morning before Monday 7<sup>th</sup> December. Watch out for our posts on Facebook each week to see what we are up to.

Thank you to those who have already responded. You are giving us exactly what we need.

**A HUGE THANK YOU.**

## CHRISTMAS HAMPER PACKING AND DELIVERY

### Interested in helping to pack or deliver the Christmas Hampers?

Packing will be on the **Tuesday 14<sup>th</sup> December** and the Deliveries will be on **Wednesday 15<sup>th</sup> December**. Due to pandemic we are asking people to register again this year. If you would like to register to do a couple of hours on the 14<sup>th</sup> or 15<sup>th</sup> then please contact the Foodbank office by email on [info@larne.foodbank.org.uk](mailto:info@larne.foodbank.org.uk) and we will send you a registration form. This is a very exciting time of year and those who get involved really enjoy their time.



## Defibrillator Training

Thanks to Craigyhill Methodist Church and First Larne Presbyterian Church, Larne Foodbank has access to a defibrillator on site. On 27<sup>th</sup> September 16 of our volunteers attended training facilitated by Alastair Carmichael, one of our own volunteers, to learn how to use the machine if the need should arise. This was very reassuring and informative. Thank you to Alastair and to all who attended.



Thank you to all the churches and schools who donated to Larne Foodbank from their Harvest celebrations. Your support is much appreciated:-



Cairncastle Primary School

