

September 2016



## EAT WELL SPEND LESS

Larne Foodbank will be running a free six week Eat Well Spend Less course beginning 26th September 2016, at 6.30pm – 9.00pm in Craighill Methodist Church Minor Hall.

A crèche will be available.

We will be seeking referrals to this very worthwhile course from local agencies.



Financially supported by the PHA and managed by North Antrim Community Network.



## Glenarm Event

Thank you to all who attended and supported the entertaining evening in Glenarm Castle Walled Garden. We enjoyed the melody of Lorraine Whilie on her harp, the fun of the Drama by Larne Drama Circle and finally the music from Magheramourne Silver Band. Together with all the wonderful picnics people brought along and the Ice Cream from McKillops in Carnlough everyone had a thoroughly enjoyable time. £815 was raised for the work of Larne Foodbank. Thank You!

## Street Collection

Our Street collection on 13<sup>th</sup> August 2016 in Larne Town Centre raised £745.04. Thank you to all those who collected and to those who donated to the work of Larne Foodbank. We are so grateful for the generosity of the people of Larne and district. Thank you.

## Children

During the summer months there has been a significant increase in the numbers of families receiving food. In July and August we fed 89 adults and 44 children, a total of 133 people. Thank you for supplying the food necessary to make this possible.

## Shortages

At present we require UHT milk, Juice, Smash, Sugar, tinned fruit and mixed vegetables (not peas or baked beans) and also toothpaste and toilet rolls. Thank you again for your continued support.

## New Leaflets

New leaflets are on their way.

We are grateful to

Mulholland's Funeral

Directors for very kindly

sponsoring the printing of the

Leaflets.



## Volunteers required

Over the next few months we will be needing volunteers to man a stall at Glenarm Harvest Fete 17<sup>th</sup> September 12noon to 4pm. Also a Bag pack in Dunnes Stores on 28<sup>th</sup> October 10am to 5pm. If you can spare an hour or two, please contact me by emailing [info@larne.foodbank.org.uk](mailto:info@larne.foodbank.org.uk). Thank You.